

# **‘ALYX’ - The Revolutionary Way to Give Blood!**

*The “ALYX” system allows donors to ‘touch more lives’ by donating additional red cells—the most needed blood component*

## **1. Who qualifies for ALYX?**

Men who are at least 5’1” and at least 130 pounds

Women who are at least 5’ 5” and at least 150 pounds

## **2. How is it different from a regular blood donation?**

An ALYX donation uses a smaller needle, which many donors find to be very comfortable. More units of red blood cells are collected with the automated process and the donor’s plasma and platelets are returned, along with a sterile saline solution.

## **3. Is it safe to donate two units of red blood cells on the ALYX System?**

Yes, clinical studies show that the donation of two units of red blood cells is very safe. Since 2003, tens of thousands of blood donors have safely and successfully donated red blood cells via the ALYX System.

## **4. How long does ALYX take?**

A typical donation takes about 25-30 minutes once you are seated in the donor chair. The entire appointment (including medical interview) takes just a little over an hour.

## **5. How often can I donate on ALYX?**

Donors can give red blood cells on the ALYX System every 112 days - or about every 4 months.

## **6. Why are ALYX donations important?**

ALYX blood donations allow the Blood Bank to collect more blood – and save more lives during your one visit. It is proven technology that will provide the best way to ensure an adequate supply of blood for our community.

**Interested in touching even more lives?  
Talk to our receptionist about donating on ALYX today.**

